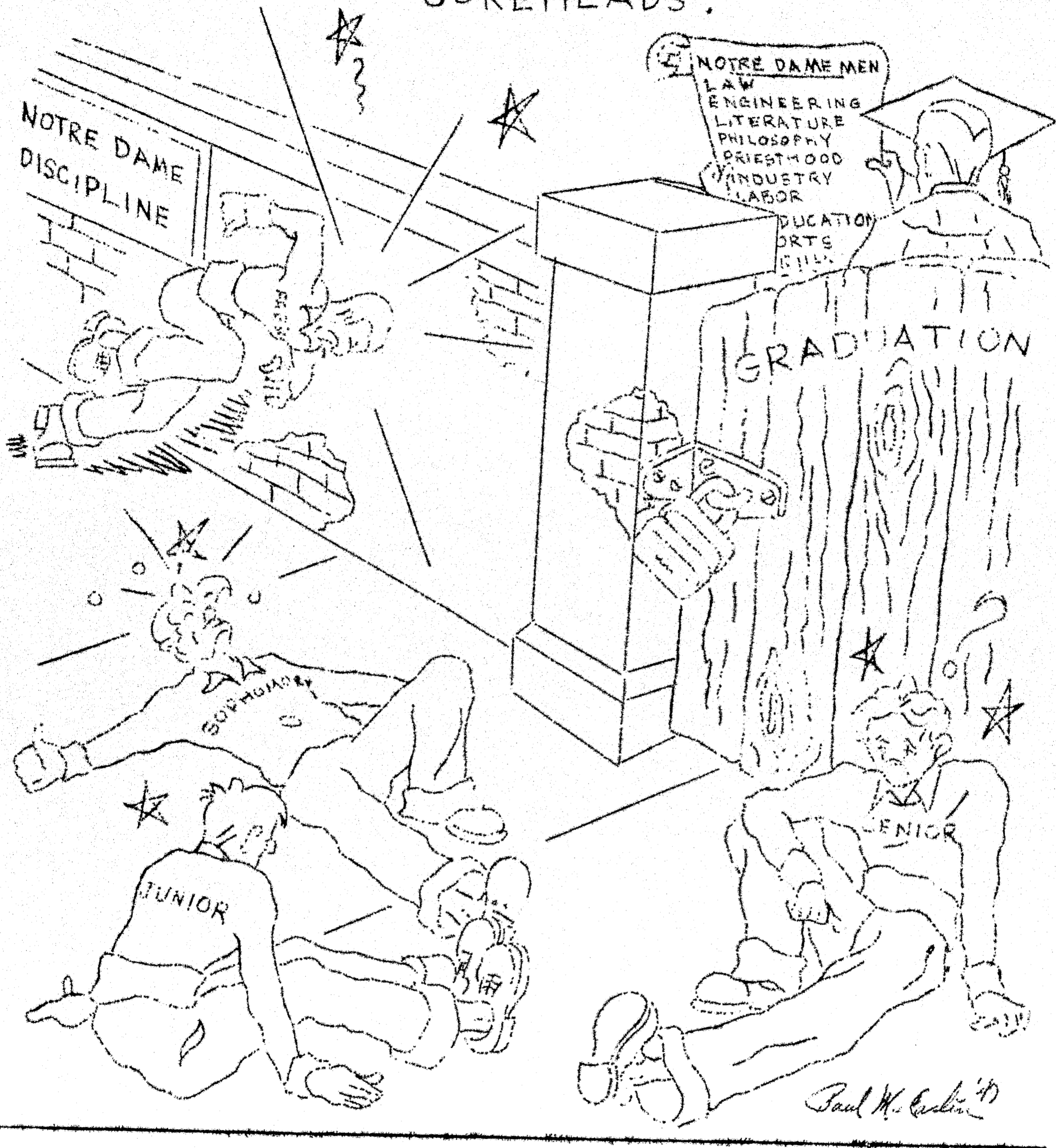


SOREHEADS!



Discipline.

A reasonable measure of discipline is a condition without which the supernatural life, and even normal human life, is impossible. Self-discipline, or imposed discipline, is a law of our nature the violation of which carries with it its own penalties....Notre Dame is not wholly concerned with what may be called a moderate level of nature and grace, but with their growth and development....Whenever men strive for intellectual and moral excellence, whenever they seek closer union with God, they will either impose upon themselves a rigid self-discipline from within, or submit willingly to a stern external discipline imposed upon them from without.