

Blessing of throats tomorrow. In each hall chapel at night prayer. From 12:30

University of Notre Dame  
Religious Bulletin  
February 2, 1950

...until 1:00 p.m. in Dillon and Cavanaugh chapels. Stick out your neck!

### Get Your Bearings.

In THE CHRISTIAN EDUCATION OF YOUTH, the late Pope Pius XI defined the "subject of Christian education" as "man whole and entire, soul united to body in unity of nature, with all his faculties, natural and supernatural, such as right reason and revelation show him to be."

In his IDEA OF A UNIVERSITY Cardinal Newman expressed the same thought: "I wish the intellect to range with the utmost freedom and religion to enjoy an equal freedom.... They should be found in one and the same place, and exemplified in the same person."

The more important part of your education at Notre Dame is not how to make a living, but how to live. Trying to get along without God, the Beginning and End of all things, will lead only to despair and moral wretchedness. The modern blight of SECULARISM clings and grows in man's continual attempts to organize moral, intellectual and social life without God. Without Him your own life will quickly lose its focus. That's why it's important to "get your bearings."

### Aids To Getting Your Bearings.

A brief guide to some of the aids to your spiritual life should be of benefit to new students. And a re-statement won't hurt the old ones.

1. The Blessed Sacrament: There are thirteen hall chapels at Notre Dame in which the Blessed Sacrament is reserved. Hence, daily Mass, Holy Communion and visits. Ask your rector where the chapel is if you can't find it.
2. Confession: Each student chapel is provided with a confessor at regular night prayer, and every morning during the main student Mass. In addition, confessions are heard all morning in Dillon Chapel, and until 9:30 in Cavanaugh chapel. Confessions are also heard from 6:30 until 7:15 each week-day evening in the Basement chapel and at all Sunday Masses.
3. The Dillon Chapel: It is used for the distribution of Holy Communion all morning for the benefit of off-campus students and for campus students who can't hear the bell. Regularly as many as 150 to 250 communicants use this chapel each morning.
4. The Cavanaugh Chapel: It duplicates the facilities of Dillon chapel and this exception--Holy Communion is distributed until 9:30, not until noon.
5. The Grotto: This popular center of devotion to the Blessed Virgin is set in a beautiful grove about 60 paces northwest of the main church. In the cold winter months as well as in the warm spring and fall, hundreds of students pay public veneration to the Mother of God who is also their Mother of Purity.
6. Personal Guidance: Many students have personal problems. Two priests, the Prefects of Religion, devote evenings 7:30 on exclusively for consultations and confessions. Fr. Grimm at 117 Dillon; Fr. Ed Murray at 107 Cavanaugh. In addition, the priests prefecting in the halls are at your service.
7. The Pamphlet Packs: Pamphlets for spiritual reading and rosaries already blessed with many indulgences are located outside the doors of 117 Dillon and 107 Cavanaugh.
8. The Religious Bulletin: This little daily, which is now in its 30th year, is delivered to the students living in the halls and has an outside circulation of 5,700. It irks some and pleases others. It never tries to satisfy everybody.

-----  
Notice: FIRST FRIDAY TOMORROW. Go to confession tonight. The confessionals will be crowded tomorrow morning. Make a public profession of your faith. Sign up for adoration. It begins at 8:00 a.m.; closes with Benediction at 5:00-main Church.  
Notice: Student choir practice at 6:15 Band Room tonight for 11:10 high Mass Sunday.