

"What Does The Priest Say In Confession?"

If you mean the formula for absolution, here it is:

"May Almighty God be merciful unto you, and forgiving you your sins bring you to life everlasting. Amen.

"May the Almighty and Merciful Lord grant you pardon, absolution, and remission of your sins. Amen.

"May our Lord Jesus Christ absolve you, and I by His authority absolve you from every bond of excommunication and of in-

terdict in so far as I can and you require it. I ABSOLVE YOU FROM YOUR SINS IN THE NAME OF THE FATHER AND OF THE SON AND OF THE HOLY GHOST. Amen.

(Learn the following prayer and say it with the priest.) "May the Passion of Our Lord Jesus Christ, the merits of the Blessed Virgin Mary and of all the Saints, whatever good you (I) may have done, whatever evil you (I) may have suffered, be to you (me) unto the remission of your (my) sins, the increase of grace, and the reward of life everlasting. Amen."

Timely Confessional Tips.

There is such a practice as DEVOTIONAL confession. The Holy Father recommends it. And it is presumed many living in the state of grace follow it. Each time the penitent receives absolution he receives an increase in sanctifying grace and a special right to those actual graces he needs to live habitually in the state of grace. One of the most effective ways and means of keeping close tab on conscience is to frequent the Sacrament of Penance--go, for example, every two weeks.

Spend more time in making acts of true sorrow for sin, and still more time in making specific and practical resolutions to avoid sin and its occasions than you do examining your conscience.

Piously made general resolutions of never sinning anymore usually are ineffective. No one acts in general. He acts in the concrete. If you are seriously trying to avoid some particular sin, mortal or venial, definite resolutions concerning the means to avoid it should be made. For example, suppose one wants to avoid indecent conversations. He makes the specific resolution that the next time he gets caught in one, he will get up and walk out. Again, suppose one wants to avoid sexy thoughts. He makes practical resolutions never to tell a dirty story, not to look for the suggestive pictures in current magazines, not to read sex articles in newspapers, not to day-dream but to keep busy; or the more positive approach to get to daily Mass and Communion, to pray the rosary daily on his knees, to acquire a positive interest in anything but sex. Etc.

Make your Act of Contrition before entering the confessional. Otherwise you may get confused and forget it. No sin is ever forgiven without sorrow, and true sorrow always implies repentance or purpose of amendment--the test of true sorrow.

Remorse is not the same as repentance. Both Peter and Judas had remorse. Judas felt badly about his betrayal and publically confessed his guilt. But he did not amend his life. Peter did. So Peter had repentance. Judas did not. Peter became Head of the Church. Judas hanged himself in despair.

Say your penance before leaving the chapel. It is not necessary to say it before receiving Holy Communion.

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COOPERATION PLEASE: Attend the 7 o'clock Mass next Sunday and join in the Dialogue Mass. If you attend the 9 o'clock High Mass join in the singing. A serious effort is being made to have you participate more actively in divine services.

Prayers:(Deceased) Aunt of Arnold Lane (Sor); Mrs. Agnes Stack; Anniversary death Dr. Edgar Lucas. Ill: Ruptured Appendix--friend of Mac Goolieski -- serious.