



University of Notre Dame
RELIGIOUS BULLETIN

The Notre Dame Huddle

He was a G.I. He fought with the same dash and spirit as did many of your brothers and relatives during the last war. He was in the Spanish Army—an artillery man, and he merited a Purple Heart during the French-Spanish War when he was struck down by cannon fire. With both of his legs shattered, he lay suffering, sweating it out in an army hospital in Spain. While recuperating, he asked for something to read. In those days books were rare and expensive. The nurse brought him two volumes . . . Lives of the Saints . . . but anything, even Lives of Saints, he figured, was better than staring up at the hospital ceiling. He read the two books. They made him pause and do some serious reflecting. . . . He jotted down his reflections as he lay there, and these reflections subsequently were published as the *Spiritual Exercises*. . . . Thus, 400 years ago, St. Ignatius, soldier, popularized the Retreat Movement. . . .

WHAT IS A RETREAT? It is a *Spiritual Huddle* . . . a time-out period for deep reflection, for peace, for quiet, for listening to Divine Whisperings away from the hubbub and bustle of the usual routine . . . the word “re-treat” means to “reconsider”, “reflect”, “ponder” upon such fundamental truths as God, the Soul, Heaven, Hell, Death, Salvation. . . .

A RETREAT IS *NOT* intended for nuns, for monks, for priests *only* . . . everyone of us needs a well ordered life, needs to take time out for an occasional spiritual inventory . . . to check our sense of spiritual and moral values . . . that's a retreat. . . .

So, we offer you a series of Lenten retreats . . . a chance to get into the corner with Christ, with His Blessed Mother, with the Holy Ghost . . . a chance to give yourself a break in the real sense of the term—a spiritual break. . . .

WHEN? . . . During the week-ends of Lent from now until Palm Sunday . . . hall representatives will contact you if you are interested . . . it is all voluntary.

WHERE? . . . at Alumni Hall Chapel during the first three weeks of Lent . . . Cavanaugh Hall Chapel, the last three weeks.

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What They Say About Last Year's Retreats

“No man can remain indifferent to true values after a Retreat like this.” *A Senior.*

“This has been my second retreat at N.D. —an intimate week-end with the Holy Family.” *A Junior.*

“The Rosary at the Grotto, the Outdoor Stations, the Holy Hour in Common —even these would have been well worth giving up my week-end. The Retreat speaker was excellent, his subject matter well chosen. Let's have more of the affair.” *A Junior.*

“This was my last Lent and last Retreat here; I'll miss this exercise among others down through the years. The temptation to go to town Saturday night and by-pass this wonderful experience was great, but I stayed on, and was more rested even by attending the retreat. It was comforting, peaceful, enlightening.” *A Sophomore.*

“A good deal; let's have more.” *A Freshman.*