

Deceased, grandmother of
Tom Klett (Wal). III,
brother of Father Reith c.s.c.

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Why, The Rush?

This adoration is intended for those who are habitually in a rush or think they have no time to make receiving Holy Communion a timely affair. It is inconceivable that any student, in need of special Eucharistic graces, cannot take out of his day fifteen minutes to prepare, receive and thank. . . God.

The Decree on Frequent Communion points out that the Sacraments produce a greater effect in proportion as the dispositions of the recipient are better. Hence care is to be taken that Holy Communion be preceded by serious preparation, and followed by suitable thanksgiving, according to each one's strength, circumstances and duties.

Pastors of souls are admonished to instruct children carefully so that they make fitting preparations and thanksgivings, because deliberate omission of all preparation and thanksgiving, where these are easily possible, cannot take place without some irreverence towards the Blessed Sacrament.

Furthermore, the Decree warns us not to receive merely out of routine, or vain-glory, or human respect. . . Habitual neglect of preparation and thanksgiving, where both are reasonably possible, is a usual sign that the Sacrament is received out of routine.

What kind of thanksgiving can a student make who leaves the chapel within one or two minutes after receiving? The Blessed Sacrament remains in his stomach for at least five minutes. And what would you think of a student who is out of the chapel before the priest finishes the blessing? And who is then observed "lighting up" on Dillon's front steps and stopping to rag-chew with a pal. . . and still gassing on the same spot ten minutes later!

"Heaven Helps Those Who Help Themselves."

Christ in His Church puts at our disposal two principal means of obtaining grace: the Sacraments and prayer. Whether it be prayer or sacrament, He did not intend these divine aids to dispense us from personal effort. God created us without our cooperation but He will not save us without it.

If we do not cooperate with these graces the Sacraments will scarcely produce any effects at all. We don't mind sitting in a movie for two hours but when it comes to a high Mass, a long sermon, prolonged distribution of Holy Communion at Sunday Masses, we look for ways and means to clip minutes.

The purpose of the Sacraments, prayers, devotions is not to make our cooperation unnecessary but to stimulate our cooperation. If we want our Communions to be fervent grace must penetrate into our souls. This grace will not penetrate into our souls, illumine them, any more than sunlight will brighten up our room if the windows are dirty. What dirt is to sunlight, an improper disposition is to grace--an obstacle. Main obstacle. . . sin: specifically, habitual venial sins, such as laziness, neglect of prayer, impatience, selfish acts of unkindness, criticizing the faults of others, vanity, stubbornness.

Follow a method: Receive at Mass. Pious XII declares, "That all the faithful should be aware that to participate in the Eucharistic Sacrifice is their chief duty and supreme dignity." If not at Mass: Prepare for five minutes, give thanks for ten minutes; use the N.D. Prayer book and make acts of faith, hope and love; resolve to overcome faults, to practice charity; take time.