

Thanks to Vetville for the \$50.37 check for Jim Aoki; also \$24 given anonymously.

University of Notre Dame  
Religious Bulletin  
May 5, 1952  
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May adoration Monday through Friday 11 a.m. to 1 p.m. Benediction at 1 o'clock.

Nice Going.

The fine spirit of cooperation shown in the May Day celebration makes that act of homage to Our Blessed Mother an annual event worth looking forward to. Thanks to the students who promoted it; thanks to all who contributed in making it a success.

Missals Still Available.

The St. Andrew's Daily Missals the Bulletin has been plugging and The Third Order of St. Francis has been pushing are still obtainable. See your student chaplains.

General Confessions.

Some seniors want to know about this matter of general confession. Good idea; nurse it along; but don't let it upset you. If you find the very idea disturbing, talk to your confessor.

If you have made a bad confession in your past life which you have never corrected, a general confession is necessary. But you can never make a bad confession as long as you have been trying to make good ones. Bad confessions are not made in good faith.

For peace of mind, before important changes in life, such as graduation, entering the seminary, getting married, enlisting in the army, a general overhauling is recommended. An overhauling is an examination with a view to repairs. Use an examination of conscience is an ordinary prayer book. Make a half-hour adoration for the purpose of arousing true contrition and strengthening your purpose of amendment. . . Select a convenient time when your confessor is not queued up and ask his permission to make a general confession. . . then ask him to help you out.

Make the whole procedure a deep act of thanksgiving to God for having kept you out of so many sins, and for having turned away the effects of the sins you have committed. You'll feel like singing after it's over, just as you feel like bursting into song after a good bath.

But if you are inclined to excessive introspection, or scrupulosity; if your morbid conscience keeps sniffing and snoring at your psychic entrails like a mongrel pup snarling and snapping at the entrails of a dead chicken--forget the whole business until you're in a better frame of mind, or until your life's picture is better framed.

Pointers.

There is no special virtue in keeping your eyes closed when you receive Holy Communion. If you were taught to keep them closed, then be re-taught in reverse--keep them opened so you can see at what level your chin should be, and how far out you are sticking your tongue. . . Who in Dante's Inferno taught you to wrap your tongue around the priest's fingers, like trying to catch the drips of ice cream around a leaky ice-cream cone. . . Keep your eyes open.

Lying In The Sun.

Those who talk about being too busy to make a half-hour period of adoration ought to take a gander at the sun worshippers. . . Waste some time kneeling before the Son of God in the Main Church between 11 a.m. and 1 p.m. . . Give your knees a sound workout during the Novena for Mother's Day. . . We owe our mothers many prayers that we have neglected to say; we owe them more than a 98¢ telegram.

Prayers: (deceased) father of Ronnie Schladel (St. Ed's); Rudy Cabrak. 7 sp. ints.  
Serious Operation; Miss Alice Maley; Sharon Flynn.