

University of Notre Dame  
Religious Bulletin  
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Forty Hours Devotion - Sunday, Monday, Tuesday

Why ? Because throughout the world the three days of Carnival before Ash Wednesday always brought on excesses in a last fling before Lent. Carnival means "farewell to meat." For these people Lent was a thoroughly meatless period. Mardi Gras means "fat Tuesday" -- it was the last day for the housewife to dispose of all the lard and cooking grease in the house. More often than not she made doughnuts. In England this day was also called Shrove Tuesday -- a day for Confession, in order to start Lent in the state of grace.

To make reparation for the excesses of the Carnival, an Italian priest obtained permission to expose the Blessed Sacrament for the three days and nights of the merrymaking; and he invited people who loved God to come and take turns in prayer before the altar.

Forty Hours signifies the length of time Our Lord's Body remained in the sepulchre. It is essentially a time of reparation, and has now spread to every parish church in the world. And these three days are filled with abundant blessings for those who drop in for a visit at Sacred Heart Church after meals, and between classes.

Who of you is so busy that he cannot afford a half-hour of adoration at this time? The investment may take years from your Purgatory. Who of you can lightly dismiss this consideration?

Program

Forty Hours Devotions will open at the 9 o'clock Mass, Sunday.

There will be Adoration from noon Sunday until 6:45 p.m.

Monday and Tuesday -- Adoration from 8:30 a.m. until 6:45 p.m.

Evening Devotions -- Sunday, Monday, and Tuesday (the Closing) at 6:45 p.m.

Indulgences

A Plenary Indulgence may be gained once each day by those who receive the Sacraments, visit the church, recite five times the Our Father, Hail Mary, and Glory be to the Father, etc., and then another Our Father, Hail Mary, and Glory be to the Father for the intentions of the Holy Father.

An indulgence of fifteen years may be gained each time the church is visited and prayers, as those mentioned above, are said with a contrite heart.

The confession required for gaining the plenary indulgence may be made at the time of the Forty Hours, or during the eight days preceding, or following, it. Holy Communion may be received on the day preceding the Devotions, or during the eight days after it. Sorrow for sin is necessary to gain the indulgences which, once gained, may be applied to the souls in Purgatory.

PRAYERS Deceased: wife of Bob Miller, Law '48; father of Charles '38, and Wm. '42 Morrow; Thomas P. Cunningham, '30; Mrs. William Mahoney; Brother Julius, CSC; father of Ernie Rauscher '45, Mrs. Krchov; Mr. Charles Ley. Ill: Robert Farnsbauch of Alumni (pneumonia).

Tonight at 6:45 in Sacred Heart Church: Novena Devotions.