

Holy Week Missals: (25¢)
now available. See the
Class Chaplains.

University of Notre Dame
Religious Bulletin
April 8, 1957

Adoration continues tomorrow
for Dillon, Pangborn, and
Sorin halls.

Listen To The Seniors:

"Seniors are the biggest fools spiritually. I'm one. I think I know. I have stayed away from Communion for weeks at a time, and have fallen for most temptations. When I start back I can overcome any temptation and lead a good life. Holy Communion is the greatest force for good in the world..."

"When I first came to Notre Dame, I was inspired by the example of daily Communion. Laziness kept me from acquiring the habit. Now I am sorry that it took me so long to wake up, because I have found that frequent Communion brings peace to the mind. It has also been a great aid to me in overcoming temptations..."

"I feel like a soldier who receives a supply of ammunition to fight off the dangers of the day..."

And A Pope Commented:

"Holy Communion is the shortest cut to Heaven! There are other ways it is true; innocence, for one; but that is for little children! Penance; but we are afraid of it. Generous endurance of the trials of life; but when trials approach, we cry out and beg to be delivered. Once and for all, beloved children, the surest, easiest, and shortest way to Heaven is the Holy Eucharist. It is so easy to approach the Holy Table and there we taste the joys of Paradise." -- Pius X.

We Should Be Grateful

Our present Holy Father has now made it virtually impossible for any Catholic to excuse himself from daily Communion on the score that it would be a hardship for him to receive. The rules, in vogue for centuries, have now been so relaxed that school children are able to eat their breakfast at home, go to school, and receive Communion before lunch. Here at Notre Dame the same procedure holds true -- you may eat breakfast, abstain from solids for 3 hours, then drop into Dillon for Communion before lunch. For your convenience, Communion is distributed there at ten minute intervals throughout the morning.

Our finest manifestation of gratitude to the Holy Father for his generosity to the Catholic world would be the daily reception of Communion, thus utilizing the privileges that he has given to us.

Has it meant anything to you -- this "shortest cut to Heaven" ?

"I Prefer To Observe The Old Rules"

That's all right, too. Even the Holy Father exhorts the priests and laity, who can do so without inconvenience, to observe the fast from midnight. But if it is a question of your not receiving Communion because you find it inconvenient to fast from midnight, then you most certainly should utilize the freedom granted by the new relaxations. If you don't you're being holier than the Church -- and that's not so good. It shows that you are not thinking straight at all; and that there is more pride than humility in your pseudo-piety.

Evening Mass at 5:10 -- daily (Monday through Friday) in Sacred Heart Church.

Freshman -- when buying dance tickets tonight, don't forget the Communion Breakfast!