

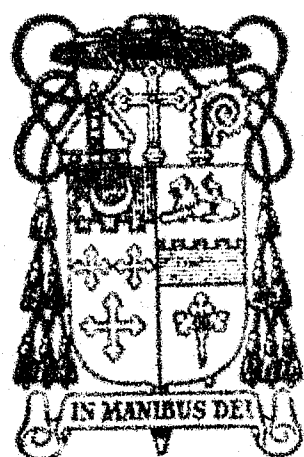
# RELIGIOUS BULLETIN

Vol. XXXVIII, No. 45

Friday, February 6, 1959

Notre Dame, Indiana

WE PRESENT below the Lenten Regulations for the Diocese of Fort Wayne. Here at Notre Dame, however, students, faculty, residents, employees, and visitors are dispensed from fast and abstinence when eating at the University or in Veville. Off-campus students also enjoy the dispensation, provided they avoid scandal.



## OFFICIAL

DIocese OF FORT WAYNE

**LENT MEANS PRAYER AND PENANCE.** It is a season of grace. It cannot possibly be observed in any proper sense of the word and with any real spiritual profit without personal sacrifice and self-denial for the love of Christ crucified. Let us be prepared for nothing less, for nothing less is enough.

1. **LENT BEGINS** on Ash Wednesday, February 11th, and ends at midnight of Holy Saturday, March 28th.
2. **EVERYONE** over 7 years of age must **ABSTAIN** from meat on the days prescribed.
3. **COMPLETE ABSTINENCE** must be observed on Ash Wednesday and all Fridays. This means no meat at all and nothing made from meat.
4. **PARTIAL ABSTINENCE** must be observed on Ember Wednesday and Ember Saturday, February 18th and February 21st. This means that meat is allowed only once, at the principal meal.
5. **EVERYONE** over 21 and under 59 years of age must also **FAST** as well as **ABSTAIN**.
6. The **FAST DAYS** during Lent are all weekdays, including Holy Saturday.
7. **ON THESE DAYS** only one full meal is allowed. At this one meal meat may be taken, except on days of complete abstinence, (Ash Wednesday and all Fridays.) In addition to the one full meal two lighter meals without meat are permitted. They should not equal another full meal.
8. **EATING BETWEEN MEALS** violates the law of fasting. Liquids, however, such as milk and fruit juices, are allowed.
9. **WHEN HEALTH OR WORK** would be seriously affected by fasting, the law does not oblige. In doubt consult your parish priest or confessor.
10. **PLEASE NOTE:** A clear understanding of the difference between **FAST** and **ABSTINENCE** will settle the usual difficulties. Those who, for any reason, are not obliged to **FAST**, must still observe the law of **ABSTINENCE**. Hence, while they may eat meat more than once on **FAST** days, they may eat no meat at all on days of **COMPLETE ABSTINENCE**, (Ash Wednesday and all Fridays), and they may eat meat only once on days of **PARTIAL ABSTINENCE** (Ember Wednesday and Saturday).

+ Leo C. Pursley

Bishop of Fort Wayne


NOTE, HOWEVER, that no one is dispensed from doing penance during Lent. Prayer and almsgiving are still obligatory. On campus, you have numerous opportunities to attend daily Mass. You have an opportunity to gain a Plenary indulgence by attending the Lenten sermons to be preached daily at the 5:10 Mass. And don't overlook the Sorrowful Mother Novena service held every Friday night at 6:45. Or, make a point of stopping in the hall chapel to make the Stations of the Cross.

ONCE AGAIN, tomorrow morning, as has been true for eighty years, Sacred Heart Church will be the scene of great joy and great sorrow. At 10:00 A.M. there will be a Nuptial Mass uniting 1957 Football Captain Ed Sullivan and Miss Rose Ferraro. At 12:30, there will be a Funeral Mass for the nine year old son of Professor Leon Bernard of the History Dept.

YOUR PRAYERS have been requested for the following: Deceased: Brother-in-law of Ray Ratkowski of Cavanaugh; coach of Dan McGinnis of Zahm; aunt of Joseph Murray of Zahm; neighbor of Dick Hendricks of Lyons; son of Prof. Bernard of the History Dept.; grandfather of Michael Meagher of Keenan; great-uncle of Charles Rieck of Lyons. Ill: Mother-in-law of John McMahon, '58. Also, special intentions have been recommended by an alumnus of '56; by Mr. Luke McTighe, Sr.; and by one of the faculty.

● TOMORROW IS THE FIRST SATURDAY OF FEBRUARY.

● FORTY HOURS DEVOTIONS BEGIN AT 11:00 O'CLOCK MASS ON SUNDAY. STOP BY THE CHURCH SUNDAY AFTERNOON, MONDAY, AND TUESDAY TO MAKE A VISIT.



The Faithful now gain a Plenary Indulgence **ONCE A DAY**, on **EACH** of the three days of the Forty Hours'. The faithful being truly repentant, must receive the Sacraments of Penance and of the Eucharist, *visit the church* and say *five Our Fathers, Hail Marys and Glory be to the Father*, and add *one Our Father, Hail Mary and Glory be to the Father*, for the Holy Father's intention (namely the spread of the Catholic Faith, the triumph of Holy Church, the conversion of sinners, peace and union among Christian princes and rulers, and the extirpation of heresy).

A Partial Indulgence of **FIFTEEN** years is granted for each visit during the Exposition. These Indulgences are applicable to the souls in Purgatory.

The Confession may be made **WITHIN EIGHT DAYS IMMEDIATELY PRECEDING THE FORTY HOURS'** and Holy Communion may be received **ON THE DAY PRECEDING THE EXPOSITION** or **WITHIN THE OCTAVE OF THE EXPOSITION.**

SACRED HEART CHURCH DURING FORTY HOURS DEVOTION