

RELIGIOUS BULLETIN

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Notre Dame, Ind.

News Section

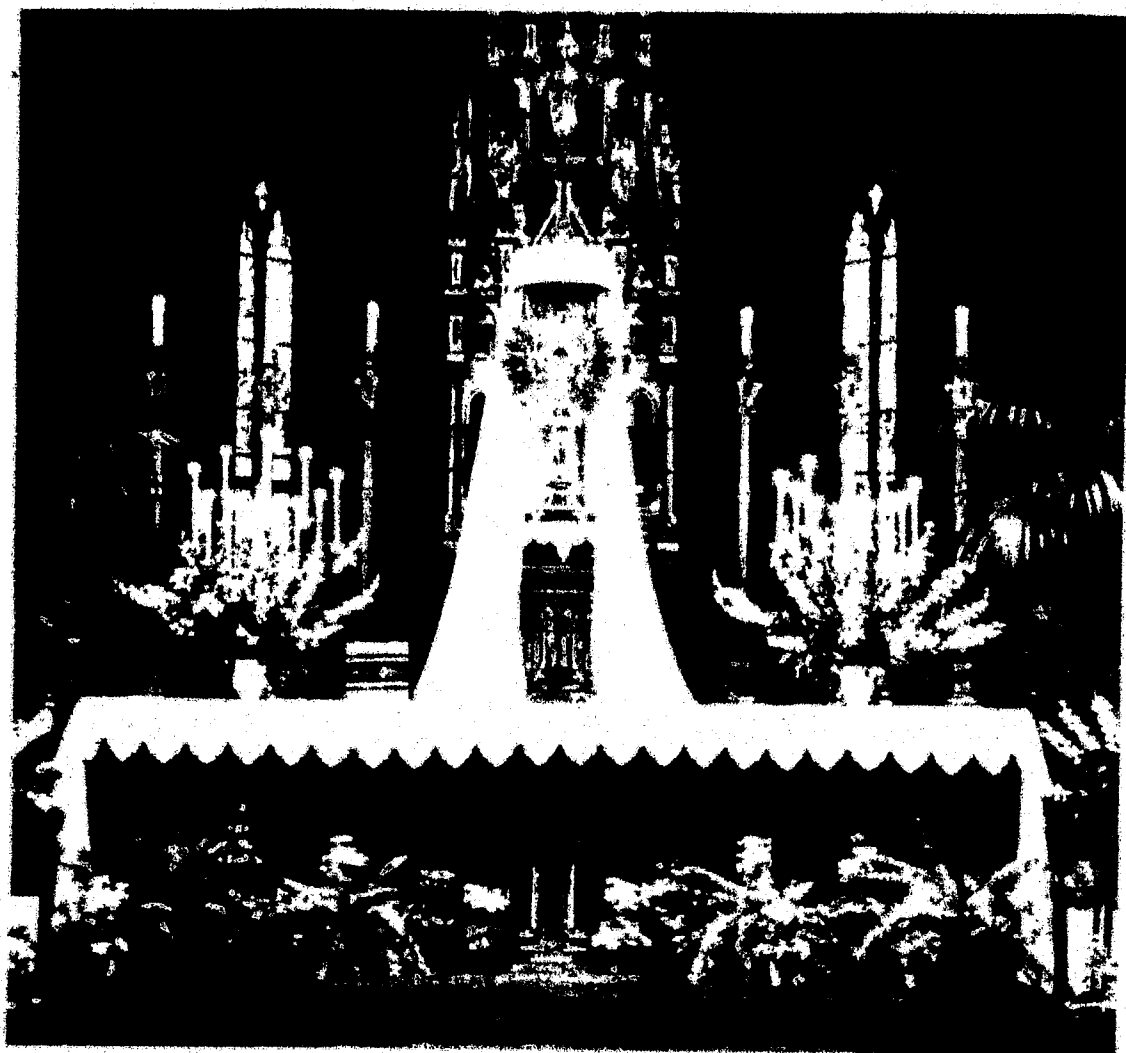
● **SIGN UP FOR LENTEN ADORATION.....**
Volunteer canvassers are now covering the halls to afford you an opportunity to sign up for Lenten Adoration. Cooperate with them so the entire period of Lent may be taken care of by this one canvas. Lenten Adoration begins on Wednesday following the 11:30 Mass in Sacred Heart Church. And will continue until 4:45, at which time Benediction will be given. Be generous in helping to honor the Blessed Sacrament during the Lenten Season. The reward to you will be very great and you will, in part, satisfy your obligation of doing penance.

ASH WEDNESDAY

Purposeful pageantry, born of an
iron resolution to
Wrest for eternity luminous glory
of unending bliss,
Cruciform character, making the
wearer a seeker for
Scorning, for scourging, for stigma
of suffering's ungracious kiss
Ponderous paradox, stilling all
scoffers at Ritual's
Profit and showing her present re-
warding in strengthening wills,
Be for us sacrament, crushing our
selfishness, making us
Spacious receivers for Infinite
Poverty Who alone fills.

S.L.M.

● **WEDNESDAY..... BLESSED ASHES** will be distributed after all the Masses in the halls and in the church. In Dillon Chapel, ashes will be distributed at 12:45, 6:30, 7:30, and 8:30 P.M.



● **TONIGHT.....BENEDICTION AND SERMON** IN SACRED HEART CHURCH AT 6:45. Go to confession tonight, at the latest, in preparation for Lent. Go anytime during the sermon or after Benediction. Tomorrow night at 6:45, the Forty Hours Devotion will come to an end for another year. It is your misfortune if you haven't yet stopped to make a visit. Make it your business to be present for the closing Benediction and Procession in the Church.

● **GO TO CONFESSION TONIGHT OR TOMORROW NIGHT DURING THE BENEDICTION AND SERMON** IN SACRED HEART CHURCH. IF YOU WAIT UNTIL WEDNESDAY MORNING, YOU'LL BE OUT OF LUCK.

● **PRAYERS. Deceased:** Father of Rev. Theodore Hesburgh, C.S.C.; aunt of Joe Mulligan, '59; grandmother of Joe Bock of Alumni; grandfather of Francis Reiner of Badin; grandfather of Art Nordhoff of Morrissey; Edward Trufarelli, '49; mother of Terrence, '32, and Joseph Dillon, '48. Ill: Mother of Tom Sleeper of Lyons; Pat Booker of Morrissey; Louis Buscher of Cavanaugh; father of Mark Storen, '57.



WHAT ARE YOU PLANNING TO DO DURING LENT???? Here are a few suggestions, since it seems some of you--judging from the Communion figures--have been waiting for suggestions: First, a few positive penances we might suggest.

1. Go to Mass and Holy Communion every day. This is the best form of prayer you might adopt. The Sacrifice of the Mass offers possibilities of making atonement for past sins that are literally infinite. Take your missal to Mass with you and follow the Lenten Masses intelligently. After receiving Holy Communion, ask for the graces only you know you need.
2. Every week, make at least a half hour of adoration before the Blessed Sacrament exposed in the Lady Chapel of Sacred Heart Church. Exposition will begin at Noon and end with Benediction at 4:45, Monday through Friday, beginning on Ash Wednesday. This will afford you an opportunity to ask forgiveness for your inattention to the Sacraments, especially the Sacraments of Penance and Holy Eucharist. During your half hour before the Blessed Sacrament, look back prayerfully over your past mistakes. Look forward prayerfully to the future with plans that make more generous provision for Christ in your life.

3. In honor of Our Lady, say the Rosary every day.
4. Make the Stations of the Cross.
5. Attend the Lenten Sermons at the 5:10 Mass in the church. The Papal Blessing will be given at the end of the series and you may gain the Plenary Indulgence attached to it if you attend a third of the sermons.
6. Put in eight full hours of study and classroom work each day.

Here are a few negative forms of penance. Choose one or more of these to help eliminate sins and occasions of sin from your life.

1. Abstain from using alcoholic beverages.
2. Forego trips to town for movies.
3. Avoid past occasions of sin.
4. Correct bad habits of speech by saying an Our Father at each offense.

YOU HADN'T PLANNED ANYTHING SO INTENSE, you say? If not, maybe you should. Maybe you're one of the reasons the number of communicants has dropped in the past few weeks! It's Lent, friend. Like it or not, face the fact that it may well be the last Lent you'll spend here or anywhere. And, one thing more, whatever you start, be sure you finish it. Don't fall by the wayside at the end of the first week.

Gene Boorman, c.s.c.
Student Chaplain