

# RELIGIOUS BULLETIN

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Wednesday, November 2, 1960

Notre Dame, Ind.

IF YOU FAILED to begin the Novena for the Souls in Purgatory, start this evening by attending the Mass in Sacred Heart Church at 5:10. It requires only the daily attendance at Mass and the reception of Holy Communion every day for the next nine days. Add to this a prayer for your deceased relatives and friends.

● OFF-CAMPUS STUDENTS are reminded once again that there is a Mass at 8:00 and at 8:30 each morning in Dillon Hall Chapel. These Masses are intended primarily for the convenience of the Off-Campus students.

● WHEN PLANNING YOUR THANKSGIVING vacation, keep this in mind..... "a fickle chick'll leave a man in a pickle."

● HERE'S ONE TO KEEP IN MIND at all times.... "lewd literature in a room marks a man as an adolescent Peeping Tom."

● THE MASS AT 5:10 TOMORROW AFTERNOON will be offered for the speedy and complete recovery of Mrs. E.M. O'Brien, at the request of the students in the Law School.

● THE FRIDAY THAT'S COMING UP affords late starters one more chance to begin making the Nine First Fridays.

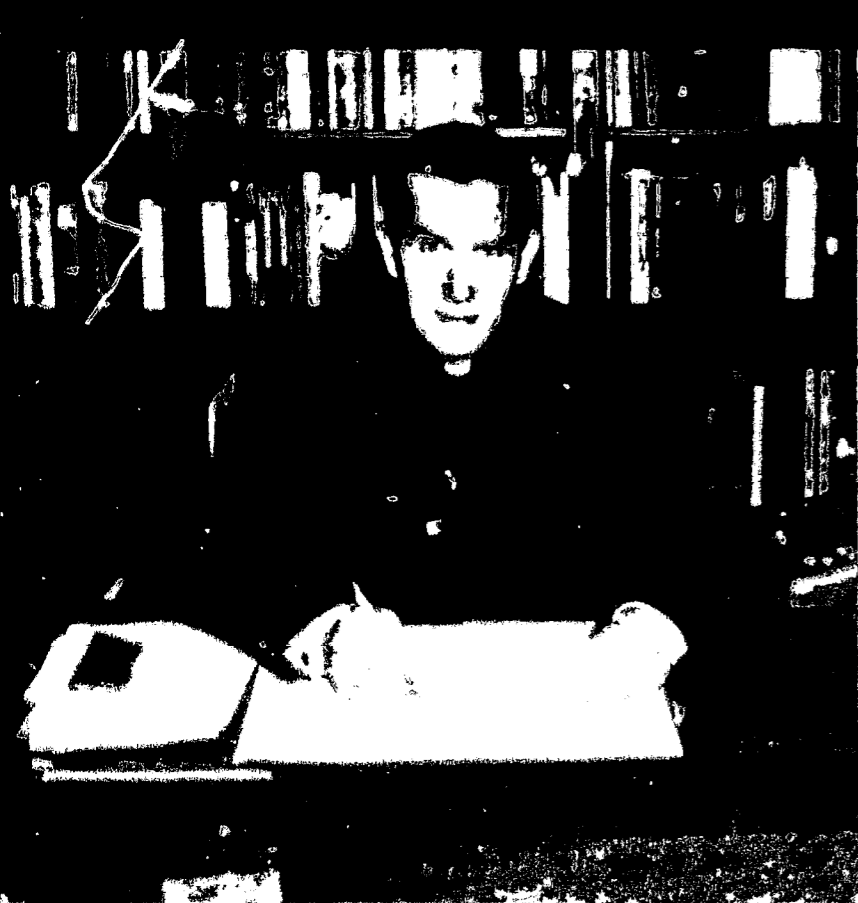
● PRAYERS. Deceased: Father of James Frick of the Foundation Office; Constant F. Conrad; James J. Griffin, '31; George Massey, '14; mother of Richard McHugh, '42; William J. Van Rooy, '32 (father of Anthony Van Rooy, '58); friend of Jim Alexander, Jim Coogan, and Myron Fritts of Breen-Phillips. Ill: Mike McKeever of U.S.C.; friend of Rev. Charles Doremus, C.S.C.; father of Ray, of Alumni, and Al Kashinski of Morrissey; brother of Jim McVeigh of Fisher; wife of Michael O'Brien of Vetville; mother of D.C. Chet Grant, '21; friend of Don Veckerelli of Sorin.

## When You Miss ONE Communion . . .

Consider what you lose every morning that you miss Holy Communion:

1. A personal visit with Jesus, Author of all spiritual energy and of all holiness;
2. A special increase of sanctifying grace, which makes your soul more pleasing to God;
3. A quota of sacramental grace, which entitles you to special help in times of temptation and in the discharge of your particular duties;
4. A precious opportunity of having all your venial sins wiped away;
5. The special preserving influence which each Holy Communion confers against the fires of passion;
6. The opportunity of having remitted a part, or all, of the temporal punishment due to your sins;
7. The spiritual joy, the sweetness, and particular comfort that comes from a fervent Holy Communion;
8. A part of the glory that your body might enjoy at its resurrection on the Last Day;
9. The greater degree of glory you would possess in Heaven for all eternity;
10. You may lose:
  - (a) complete victory over some fault or passion;
  - (b) some particular grace long prayed for;
  - (c) the conversion or salvation of some soul;
  - (d) deliverance of a relative or friend from Purgatory;
  - (e) many graces for others, both living and dead;

Will a few extra minutes of sleep repay you for all these losses?



THE ACCIDENT LAST SATURDAY NIGHT that took the lives of 22 and left 26 injured shocked the little town of San Luis Obispo and its college. No doubt, many here joined others across the country in praying for the families of those who had died. The experience should serve many purposes. One thing we would like to do, however, is to point up once again the fact that one's life can be changed very suddenly. It's the same way when one makes a general confession.

THE PURPOSE OF A GENERAL CONFESSION is to bury a not-so-pleasant past and start planning a better future. Participants in the undertaking are God, your confessor, and YOU.

YOUR TASK is to get a line on your past sins and problems. This may be a bit of a chore. Don't expect any lasting benefit from a general confession if you spend only five minutes in preparation. Neither is your general confession likely to be successful if you fail to make acts of sorrow and amendment or resolutions concerning the use of prayer and the Sacraments. When you've made the necessary preparation, pick a time when neither you nor the confessor will have to hurry. If you have a regular confessor, make an appointment with him.

AND, AS FOR THE PROCEDURE in the confessional, there's nothing difficult about that. If you would prefer to have the confessor question you,

just tell him so. Usually, most prefer to tell their prepared "story" first, and in their own way. Then the priest asks questions, if necessary, to clarify matters. In trying to determine the number of times you have committed a particular sin, it is sufficient to say "once a week", "twice a week", etc. Concentrate on your principal sins and their causes. Concentrate on your doubts and your past problems. Depend on your confessor to help you recall anything you might have accidentally omitted. And when you're all finished, he will give you Absolution. You'll get up off your knees forgiven, and, let's hope, determined to serve God faithfully in the future.

IF YOU HAVEN'T A REGULAR CONFESSOR, put in at Dillon or Howard, Cavanaugh or Keenan-Stanford. You'll find a priest there every evening.

DON'T WAIT UNTIL you're boarding a plane at Thanksgiving or Christmas to crack the blase veneer you've been wearing since the summer. By now, if you were one of those who felt he didn't have to make the Mission, you should have taken on a more sensible attitude.

WHATEVER YOU MAY KNOW about yourself, you don't know very much if you haven't come to realize how helpless you are without God's grace.

*Gene Boorman, CSC*  
Student Chaplain