

# RELIGIOUS BULLETIN

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Notre Dame, Ind.

## FORTY HOURS

The Blessed Sacrament will be exposed in Sacred Heart Church again tomorrow. The solemn closing of the Forty Hours' Adoration will be begin at 6:45 tomorrow evening. Tonight, again, there will be a short sermon and Benediction at 6:45. Keep in mind the indulgences to be gained during the Forty Hours. And let nothing interfere with your attending the services this evening and tomorrow evening. Following the closing ceremonies tomorrow evening, there will be four confessors in the church to accomodate those who haven't had an opportunity to get to confession in preparation for Lent. All are reminded that those who intend to avail themselves of the Lenten dispensation must substitute some form of penance in place of fasting and abstaining.

## ADORATION

During Lent, the Blessed Sacrament will be exposed in the Lady Chapel each week-day from Noon until 4:45. A good practice to substitute for fasting and abstaining would be the spending of a half hour before the Blessed Sacrament once a week. The Hall Spiritual Commissioners will be signing up individuals for this purpose tomorrow. Add your name to the list.

## PENANCE

No one is exempt from doing penance during Lent. If you take advantage of the privilege we have here of substituting another form of penance for the general practice of fasting and abstaining, choose from one of the following: daily Mass, a half hour of adoration a week, daily practice of making the Stations of the Cross, give alms to the poor from what you save by giving up movies. (See details of the dispensation on reverse side of today's Bulletin.)



Ashes will be distributed after all the Masses in the hall chapels and in Sacred Heart Church on Wednesday. Also, in Dillon Hall Chapel at 7:00, 7:30, and 8:00 P.M. No one should miss this sacramental.

## JUNIORS

After the 9:00 o'clock Mass next Sunday, the Junior Class will host a Communion Breakfast at the Morris Inn. Speaker for the occasion will be Athletic Director Ed "Moose" Krause. Tickets will be sold between 5:30 and 6:30 on Wednesday evening in the Junior residence halls. Price tag: \$1.25.

## PRAYERS

Deceased: Thomas Malia, '60 (first anniversary); mother of Paul M. Butler, '27; friend of Dave Droll, Off-Campus.

WHILE THE LOCAL ROMANTICS were relying on the Hallmark people and our Air Mail service to carry their valentine greetings for them, it seems Mr. K. had his space experts busy getting off a hefty flag-bearing missile to Venus. Time will tell whether both or neither were successful in wooing their lady fair.

MEANWHILE, we begin the season of Lent on Wednesday. It's a time of renewal, a time of rejuvenation, a time of trial. Already a brave robin or two has happened by to discourage, as it were, any timidity. The times call for anything but timidity, anything but a casual approach to the penance and sacrifice that characterize Lent.

ABSTINENCE AND FASTING are the principal means of doing penance. Here at Notre Dame, however, because of the problem involved in preparing meals for those (21 and over) who are bound to fast and those who are not bound, we are privileged to have a dispensation from the general law. Thus, students, faculty members, employees and visitors are dispensed when they eat on campus. The dispensation is local. Students living on campus are bound by the general law of the Church when they go off campus. By special dispensation, the off-campus students are also dispensed when eating wherever they eat in town. This also applies to their families, if they are married. They must, however, take care to avoid giving scandal when eating in public.

THE DISPENSATION does not, however, obtain on Ash Wednesday. On Ash Wednesday, all must abstain, and those over 21 must fast.

NO ONE MAY USE THIS PRIVILEGE of being dispensed unless he works seriously at his studies or other duties.

NO ONE MAY USE THIS PRIVILEGE of being dispensed unless he substitutes some other form of penance.

SOME POSITIVE penances like attendance at Daily Mass, visiting the Grotto, making the Way of the Cross, making a half hour of adoration each week should be given first consideration as substitutes for fast and abstinence. However, many will also recognize the need for self-denial and will forego the purchase of magazines, attendance at movies, an afternoon siesta.

NOW IS THE TIME to get off your dead center and put into practice the plans you've been dreaming about. A little cooperation among room-mates will go a long way towards preventing many from not starting Lent or fading in the stretch. Discuss now, not two weeks from now, what Lent is going to mean to you. Then get organized. For some this is going to mean getting to confession tomorrow night. If so, then, get there.

*Gene Boorman, csc*  
Student Chaplain